



MEDACROSS

FREE CARE AND COACHING



ACTIVITIES REPORT 2019



PROJECTS MANAGEMENT

Report on 2019's implemented activities

After signing the MOU with the Department of Medical Services of Myanmar's Ministry of Health and Sports, MedAcross opened its office in Kawthaung city - Tanintharyi Region - in March 2019. In the same building, MedAcross settled a Basic Health Clinic which provides free of charge visits and medicines to people in need living in Kawthaung and in the peripheral areas.

The clinic is open 6 days per week and is managed by a Myanmar Medical Doctor, with the help of two Nurse aids and one Admin.

During 2019, the Basic Health Clinic visited about 9,000 patients, who regularly rely on the health services offered by our operators.

About 1/4 of the patients are pediatric, while the most common diseases are malnutrition, HIV, diabetes and hypertension.

During 2019, the activity in the Mobile Clinic was strongly implemented starting from February, after the purchase of a pick-up vehicle, equipped as a mobile clinic. In the first months of the year, after mapping the network of villages and plantations in the area, a detailed intervention program was structured to bring basic health care to the rural areas of Kawthaung Township and a monthly calendar of visits has been defined covering 8 sites and more than 3,000 patients. Clinical activities have seen the number of accesses by users triple from around 400 monthly visits in January 2018 to 1,200 in December 2019. To cope with the increase in demand for treatment, MedAcross has hired a new doctor and a new nurse, thus counting 2 Doctors, 3 Nurses, 1 Admin and 1 Logistician between the local staff active on the project.



WHERE WE WORK

Starting from the end of 2018 we operate in Myanmar, where healthcare expenditure is out of pocket for about 75%. These costs depend directly on the economic possibilities of patients (Myanmar National Health Plan 2017-21).

In a country where 32% of the population lives below the poverty line, health is not an accessible right for everyone.

MedAcross has decided to take action by providing free and easily accessible health services to the most needy population, by collaborating and supporting the local health authorities.

We operate in the southernmost district of Myanmar, Kawthaung. A border city with Thailand, a destination for internal migration, and with strong social disparities where few international organizations are active.



OUR OBJECTIVES

- Provide **free medical care** to people in developing countries, with particular attention to children.
- On-site **training** for local medical and nursing staff.
- Create a support **network** for A.I.D.S. and for their families.
- Helping people living in highly sexually exploited territories.

ACTIONS



We provide **free medical examinations and medicines** to our patients who cannot afford paid treatment.



We make our medical intervention widespread, treating people who live in the **most isolated areas**.



We **treat anyone who needs help**, regardless of age, gender, social, and health status.



We hire **local staff** in continuous **training** thanks to our volunteer doctors and nurses. In this way, we contribute to the development of the country in which we operate.



We create **partnerships** with local and international organizations operating locally, to maximize the impact of our work.



THE MOBILE CLINIC OF MEDACROSS: BETWEEN FORESTS AND SEAS OF MYANMAR

35%

65%

IN THE TANINTHARY REGION, THE MOST SOUTHERN IN THE COUNTRY, ONLY 35% LIVES IN THE CITY AND CAN EASILY ACCESS BASIC HEALTH SERVICES. 65% OF THE POPULATION LIVES IN REMOTE RURAL AREAS, WITHOUT ASSISTANCE AND DIFFICULT TO REACH.



A challenging area

Taninthary is one of the regions with the least health facilities in Myanmar (20 in 43000km). Healthcare facilities are few and lacking in equipment, medicines and medical staff.

The plantations

Palm oil and rubber plantations are widely spread in Kawthaung Township. Workers living and working there are mostly internal migrants, working and living inside plantations' compounds and lacking transportation to reach medical facilities and safe and healthy food.



The pick-up

Thanks to the contribution of **Specchio dei Tempi Foundation**, starting from March 2019 MedAcross has activated a mobile clinic program, purchasing a pick-up equipped to tackle the dirt and muddy paths that lead to the plantations. In 12 months, more than 1300 workers have already been treated.



OUR RESULTS

8 VILLAGES REACHED

3052 PATIENTS

MOBILE CLINIC

Itinerant Clinic Service for rural villagers in southern Myanmar who are unable to reach the hospital and pay for medical treatment.

8431 PATIENTS

BASIC HEALTH CLINIC

OPD Clinic in the city of Kawthaung, in southern Myanmar, offers free medical examinations and treatment for people in financial difficulty.

30 FAMILIES

HIV PATIENTS

Nutritional support for 30 families of HIV-positive patients in the city of Kawthaung.

THE PATH OF THE MOBILE CLINIC

FEBRUARY

Thanks to the support of Specchio dei Tempi Foundation, a 4 wheels off-road vehicle was purchased with medical equipment dedicated to the activities of the Mobile Clinic.



MARCH

Medacross begins the Mobile Clinic program in 3 villages in southern Myanmar, visiting 400 patients each month.



MAY

The Mobile Clinic reaches 2 more isolated villages, without paved roads and without health facilities.



SEPTEMBER

3 more Mobile Clinic sites have been opened and more than 600 patients per month are treated

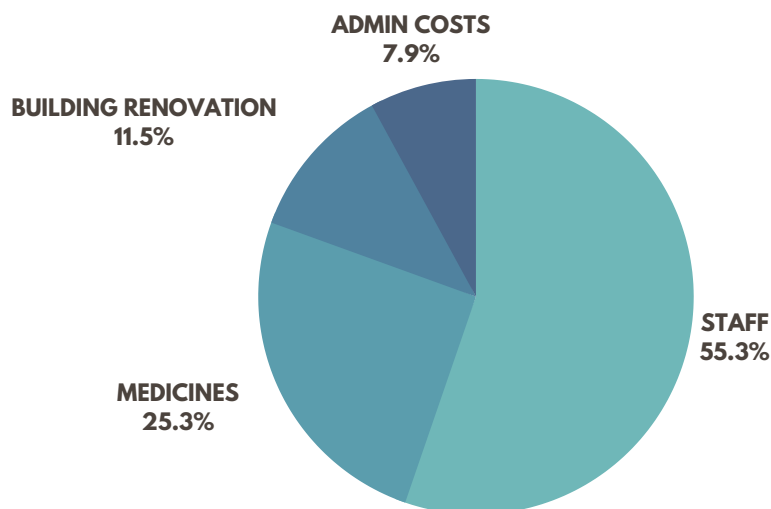


PROJECTS' SHARE COSTS



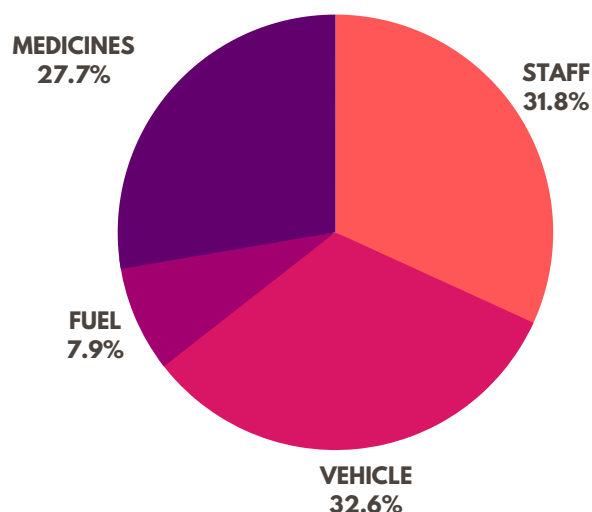
BASIC HEALTH CLINIC

Over \$80.000 were invested for the management of the Basic Health Clinic in Kawthaung, where we visit patients in financial difficulty free of charge, also providing medicines for free.



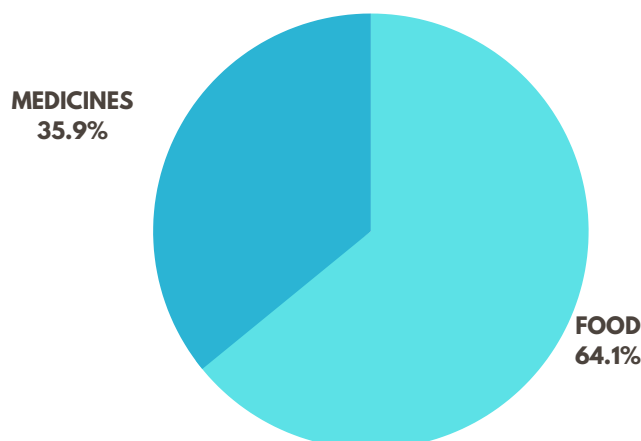
MOBILE CLINIC

We have allocated over \$84.000 for the activation of a mobile clinic program that reaches isolated villages in the plantations of Myanmar, providing monthly visits and free medicines to patients far from hospitals and pharmacies.

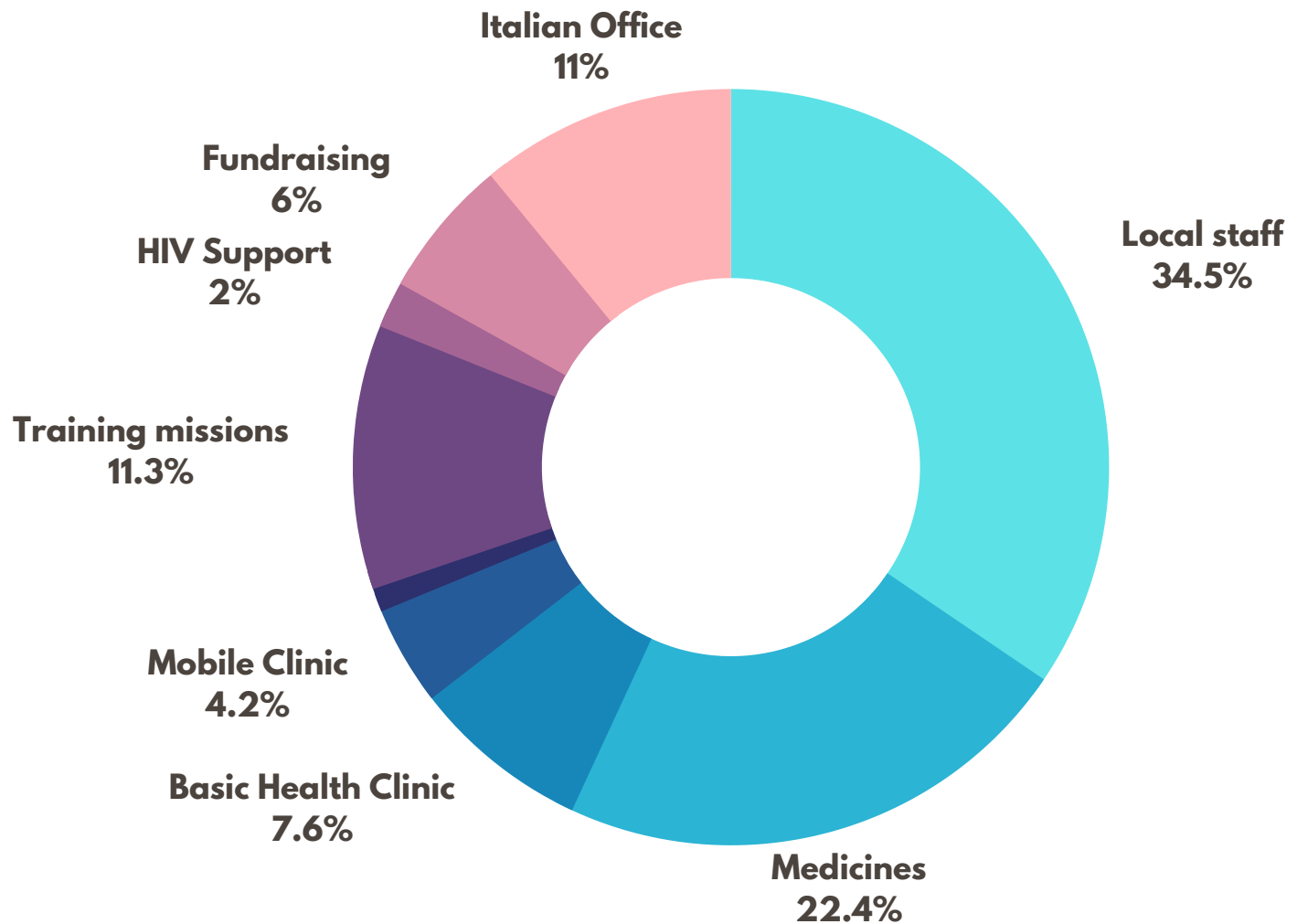


HIV SUPPORT

We dedicated \$11.646 to help Kawthaung's HIV patients by providing periodic free checkups for other diseases, and by providing additional medications to antiretroviral therapy covered by the National Plan. We also support 30 HIV-infected families with nutritional support.



FUNDS MANAGEMENT



71%

of our staff is
Myanmar national